

Sunday, June 21, 2026

Pentecost 4

Happy Father's Day

Call to Worship *Loosely based on Psalm 86.1-10, 16-17 by Rev. Darryl Macdonald*

Awake my body, awake my soul!

Love preserves me.

Love is gracious to me.

Love is good and forgiving; Love answers me when I call.

Love never puts me to shame, but helps and comforts me.

Awake my sacred being!

Candle Lighting

Song

Come, O Fount Of Every Blessing **VU559**

A Time of Centring

Take this moment to centre yourself deeply in the love of God

and prepare yourself for an encounter with the Holy.

Begin with your breath.

Feel the air pass your nostrils and glide down your throat to fill your lungs.

Drop you diaphragm and let your belly and back expand.

Notice the rhythm of your breathing, and the spaces between you breath.

The air you breathe is sacred for it is the breath of God.

Your body is sacred for it manifests the Holy One in substance and form.

Be aware of your body and how you are sitting.

Let your hands fall open and your feet feel grounded.

Ask of God what you need at this moment and give space for the response.

Take some time to reflect on your relationship with God, the world, your sacred centre.

Honour your connection to God's creation.

Offer something of yourself.

Be open to receiving God's gift to you this day.

Now, return to your body.

Imagine there is a light the softly glows from your heart, through your limbs and head,
and radiates out into the world, connecting with people, animals, fish and birds,
with water, soil and even rock, and give thanks to God for the experience of life.

Song

Christ Within Us Hidden **MV162**

Scripture

Romans 6.1b-11 New Revised Standard Version, Updated Edition.

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Should we continue in sin in order that grace may increase? 2 By no means! How can we who died to sin go on living in it? 3 Do you not know that all of us who were baptized into Christ Jesus were baptized into his death? 4 Therefore we were buried

with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we also might walk in newness of life.

5 For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. 6 We know that our old self was crucified with him so that the body of sin might be destroyed, so we might no longer be enslaved to sin.

7 For whoever has died is freed from sin. 8 But if we died with Christ, we believe that we will also live with him. 9 We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. 10 The death he died, he died to sin once for all, but the life he lives, he lives to God. 11 So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

Indigenous Wisdom

by Richard Wagamese from Embers

My spiritual father once told me, "Nothing in the universe ever grew from the outside in." I like that. It keeps me grounded. It reminds me to be less concerned with outside answers and more focused on the questions inside. It's the quest for those answers that will lead me to the highest possible version of myself.

It is love itself that brings us all together. This human family we are part of, this singular voice that is the accumulation of all voices raised together in praise of all Creation, this one heartbeat, this one drum, this one immaculate love that put us here together so that we could learn its primary teaching-that love is the energy of Creation, that it takes love to create love.

Song

Great Is Thy Faithfulness **VU288**

Reflection

Love Alive

Offering Time

Mission and Service Story

Campfires and Confidence

For 60 years, Arthur Kidston Memorial Camp has been a place where children and youth can unplug from screens, connect with nature, and discover new strengths in themselves. In 2026, the camp is celebrating six decades of outdoor adventure, friendship, and belonging on the shores of Long Lake in Nova Scotia.

At Camp Kidston, children and youth spend their days canoeing and kayaking, trying slack lines and bog-walking, exploring the outdoors, making crafts, and building confidence through games and leadership opportunities. Campers are encouraged to try new things, build friendships, and simply enjoy being kids.

Our gifts through Mission and Service help make these experiences possible by providing specialized recreational equipment and supplies that go beyond the basics. New life vests for paddling programs, updated sports equipment, and nature exploration kits help make camp safer, more engaging, and more accessible for every child.

These gifts are about more than equipment. They help children build confidence as they learn new skills and discover what they are capable of. They help ensure that every camper, regardless of background, can fully participate in the fun, learning, and adventure that camp offers. And they help create memories that young people carry with them long after summer ends.

Even during the challenges of the summer of 2025, including extreme heat and a region-wide fire ban, Camp Kidston was filled with joy and creativity. Campers enjoyed waterfront adventures, theme days, team-building activities, and imaginative campfire alternatives created by staff. Leadership programs for teens continued to grow, and families spoke about the sense of belonging their children experienced at camp.

As Camp Kidston celebrates its 60th anniversary, our gifts through Mission and Service are helping ensure that children and youth can continue to experience the wonder, friendship, and confidence-building that camp makes possible for years to come.

Offering Song

We Give Our Thanks **MV187**

Prayer of Intercession *by Wild Goose Resource Group from A Wee Worship Book*

Let us pray for a word from the Lord...

Chant

O Love, That Wilt Not Let Me Go **VU658 v.1**

Let us pray for a word from the Lord
where human words can no longer be trusted;
where voices from the past echo loudly saying, 'You are not one of us' or 'Keep quiet'
or 'I do not need you any longer' or 'You never get it right';
where the voice of the church has been like sweet and sour water from the same rock,
saying 'Welcome', and 'Watch it...';
where the voice of God has seemed silent or been submerged beneath jargon.

Let us pray for light...

Chant

O Love, That Wilt Not Let Me Go **VU658 v.2**

Let us pray for light
where the dark is doubly dark;
where wrong dresses up as right and even saints can be distracted;
where life has gone into a tunnel
and all that is known is confusing voices and stumbling blocks in the darkness;
where faith and hope and love are in ashes, needing an angel to blow on them.

Let us pray for a friend of God...

Chant

O Love, That Wilt Not Let Me Go **VU658 v.3**

Let us pray for a friend of God
who will bring encouragement where there is despair;
who will bring company where there is loneliness;
who will listen where a hard truth has to be shared;
who will bring change or conversion through kindness;
Who will speak truth to power;
Who will bring the gift which makes all the difference.

Prayer Circle

Free prayers for those who need our prayers

Alan, Angela, April, Barbara, Bev, David, Deb, Dot, Ericka, George, Jim, Judy, Karen, Levi,
Linda, Lisa, Loidi, Mark, Maria, Monique, Nancy, Paul, Rona, Ronda, Rudy, Russell, Sarah,
Shannon, Shawn, Valerie

Help us, most Holy One, to hear you

Chant

O Love, That Wilt Not Let Me Go **VU658 v.4**

Help us, most Holy One, to hear you
in the words of scripture and also to recognise your accent in the voices of the world.

**Help us to see you in the good others do
and in the need which calls for love or justice.**

Help us to love you

and so to trust you and follow you.

**Take from us any desire for recognition or reward,
and replace it with the quiet joy
which comes from knowing that we do you will.**

The Lord's Prayer (A Paraphrase) VU916

**Eternal Spirit, Earth-maker, Pain-bearer, Life-giver,
Source of all that is and that shall be.**

Father and Mother of us all, Loving God, in whom is heaven:

The hallowing of your name echo through the universe!

The way of your justice be followed by peoples of the world!

Your heavenly will be done by all created beings!

Your commonwealth of peace and freedom

sustain our hope and come on earth.

With the bread we need for today, feed us.

In the hurts we absorb from one another, forgive us.

In time of temptation and test, strengthen us.

From trials too great to endure, spare us.

From the grip of all that is evil, free us.

For you reign in the glory of the power that is love, now and forever.

Song

Faith Of Our Fathers **VU580**

Cross Blessing

from Discovering Celtic Christianity by *Bruce Reed Pullen*

The Cross of Christ
upon your brow.

The Cross of Christ
protect you now.

The Cross of Christ
upon your mind
The Cross of Christ
make you kind.

The Cross of Christ
upon your head.
The Cross of Christ
save you from dread.

The Cross of Christ
upon your face.

The Cross of Christ
give you grace.

The Cross of Christ
upon your heart.

The Cross of Christ
set you apart.

The Cross of Christ
upon your soul.

The Cross of Christ
keep you whole.

Music to Send Us On Our Way

What Can I Do by Paul Baloche and Graham Kendrick
performed by The Band